

BLITZ INTO THE Preteen & Teen Center

FEBRUARY Calendar

PRETEEN

Ages 9 - Grade 7



TEEN

Grades 8 -12

Note:

Offered Daily: 60 min.
of physical fitness &
homework help

All volunteer
opportunities, personal
development activities,
physical fitness &
exploration activities
can be logged for
congressional
award hours

* = Must register at
the Teen Center

Monday (HEALTH & LIFE SKILLS)

- Feb. 5 BGCA Date Smart: Abuse & Respect
- Feb. 12 BGCA Date Smart: Strong Men & Women
- Feb. 19 Closed for Holiday
- Feb. 26 BGCA Date Smart: Meeting of the Minds

Tuesday (CHARACTER & LEADERSHIP)

- Feb. 6 Get Real Activity
- Feb. 13 Leadership Quotes & Values
- Feb. 20 The Peer Pressure "Bag of Tricks"
- Feb. 27 Strength Finders

Wednesday (SPORTS & FITNESS)

- Feb. 7 How Muscles Work
- Feb. 14 The Science of Sledding
- Feb. 21 Fitness Minute-to-win-it Game
- Feb. 28 Improving Flexibility

Thursday (ART)

- Feb. 1 TNT Drama Matters After School
- Feb. 8 TNT Drama Matters After School
- Feb. 15 TNT Drama Matters After School
- Feb. 22 TNT Drama Matters After School

Friday (CAREER & EDUCATION)

- Feb. 2 BGCA Computer Science: An Hour of Coding
- Feb. 9 BGCA Career Launch: What Does a Career Provide?
- Feb. 16 Candy Heart Catapult
- Feb. 23 BGCA Career Launch: What Are Potential Careers?

