

★ Preteen and Teen Center ★

July



Calendar

Note:

Offered Daily: 60 min. of physical activity.

All volunteer opportunities, personal development activities, physical fitness & exploration activities, can be logged for congressional award hours.

* = Must register at the Teen Center

Monday (THE ARTS)

- July 1 Textile Arts: Patriotic Tie Dye
- July 8 Digital Arts: Clay Motion Metamorphosis
- July 15 Visual Arts: Sun Prints
- July 22 Culinary Arts: Watermelon Sculptures
- July 29 Performing Arts: Gibberish Sentences

Tuesday (EDUCATION)

- July 2 BGCA Summer Brain Gain: Intro to Escape Room
- July 9 BGCA Summer Brain Gain: Working Memory
- July 16 BGCA Summer Brain Gain: Prioritization
- July 23 BGCA Summer Brain Gain: Goal Setting & Schema
- July 30 BGCA Summer Brain Gain: Teen Designed Escape Room

Wednesday (HEALTH & WELLNESS)

- July 3 4-H Health Rocks: The Cycle of Addiction
- July 10 4-H Health Rocks: All Stressed Out
- July 17 4-H Health Rocks: Be a Stress Buster
- July 24 4-H Health Rocks: What do I believe?
- July 31 4-H Health Rocks: Don't be influenced

Thursday (LEADERSHIP & SERVICE)

- July 4 Closed for Independence Day
- July 11, 18 & 25 Torch Club / Keystone Club

Friday (SPORTS & RECREATION)

- July 5 Closed for AMC Family Day
- July 12 Basketball Tic Tac Toe
- July 19 All-Sports Golf
- July 26 Hammocking 101

PRETEEN

Ages 9 - 13

&
TEEN

Ages 14 - 18

